

SARAH SEGAL-LAZAR

THEATRE

SNOW WHITE (*Upcoming*)
THE GOOD TIME RADIO VARIETY SHOW
CHEW! THE MUSICAL (*staged reading*)
DON'T READ THE COMMENTS
REACHING FOR STARLIGHT
BAD JEWS
WHEN MEMORIES HAVE US
MUCH ADO ABOUT NOTHING
HOW I BROKE INTO SHOWBIZ
BARD FICTION
IN MEMORIAM
TALK, MACKEREL

Musician
Sal
Sarah
Pamela
Dawn
Daphna
Sarah
Margaret/George Seacole
Meredith
Meadsweet/Various
Brenda O'Shaughnessy
Leslie Moira Duncanaine

Geordie Theatre, Jimmy Blais
Victoria Playhouse, Laurie Murdoch
Crow's Theatre, Andrew Kushnir
Segal Centre & Centaur Theatre, Sarah Segal-Lazar
Geordie Productions, Mike Payette
Segal Centre & Toronto Centre for the Arts, Lisa Rubin
Segal Centre, Paul Van Dyck
Repercussion Theatre, Amanda Kellock
Hudson Village Theatre, Lorne Elliott
Mainline Theatre, Christopher Moore
Montreal Fringe Festival, Sarah Segal-Lazar
Centaur Theatre & Theater for the New City NYC

FILM & TV

SUGAR
THE DETECTIVES
DOC N' MARTY
MANNEQUIN IN ELEVATOR
MISS LONLEYHEARTS

Principal
Principal
Lead
Featured
Lead

Amazon Original, Vic Sarin
CBC Television, Robin Aubert
eGarage NYC, Chris Palmieri
CollegeHumor, Greg T. Gordon
Maldalouf Productions, Andrea Elalouf

PLAYWRIGHT & DIRECTOR

ELVIRA (*short film*)
(*Ongoing*) CHEW! THE MUSICAL
BAGAGES (*staged reading*)
THE BARELY WIVES CLUB
IN MEMORIAM
MOB
DON'T READ THE COMMENTS
BAGGAGE (*staged reading*)
ONCE: THE MUSICAL
JEROME OF SANDY COVE
TALK, MACKEREL
THE ISLAND FRINGE FESTIVAL

Writer/Director
Playwright
Playwright
Playwright
Playwright/Director/Composer
Assistant Director
Creator/Director
Playwright
Assistant Director
Composer
Playwright/Director/Composer
Founding Festival Director

FilmPEI Film4Ward, Sarah Segal-Lazar
Crow's Theatre, Andrew Kushnir
Festival du Jamais Lu, Zoé Tremblay-Bianco
The Ordinary Productions, Larisse Campbell
Centaur Theatre, Sarah Segal-Lazar
Centaur Theatre, Andrew Shaver
Segal Centre & Centaur Theatre, Sarah Segal-Lazar
Playwrights' Workshop Montreal, Jesse Stong
Segal Centre, Andrew Shaver
Persephone Productions, Christopher Moore
Centaur Theatre & Theater for the New City NYC
Charlottetown, PEI

AWARDS, NOMINATIONS & SELECTIONS

RECORDING ARTIST OF THE YEAR
DON'T READ THE COMMENTS
DON'T READ THE COMMENTS
BAD JEWS
IN MEMORIAM
TALK, MACKEREL
TALK, MACKEREL
THE BARELY WIVES CLUB
ELVIRA
ELVIRA
ELVIRA

Recording Artist of the Year
WINNER Most Promising English Company
Best English Production
Outstanding Lead Performance (Actress)
Best English Theatre Production
Best English Theatre Production
WINNER Best Production to Tour
Finalist: Short New Plays Festival
WINNER Best Foreign Short
Official Selection
Official Selection

Folk Music Ontario, 2024
Segal Centre, 2018 Frankie Awards
Centaur Theatre, 2018 Frankie Awards
Montreal English Theatre Awards 2016
Centaur Theatre, 2014 Frankie Awards
Centaur Theatre, 2013 Frankie Awards
Beyond the Mountain, 2013 Frankie Awards
Red Bull Theatre, Off-Broadway
Waco Independent Film Festival, 2025
Atlantic International Film Festival, 2025
Oscar-Qualifying Cleveland International Film Fest, 2025

TRAINING

HONORS BFA IN DRAMA - NYU Tisch School of the Arts
DIPLOMA IN THEATRE - Dawson College (DOME)
DUBBING ESSENTIALS MASTER CLASS - ACTRA, Carlo Mestroni
FILMMAKERS LAB - Atlantic International Film Festival

SPECIAL SKILLS

Fluent in English & French, some Spanish, Hebrew, and Yiddish (can read)
Mezzo (E3-A5), guitar, basic trombone
Dubbing, commercial and animation voiceover
Sword fighting, stage combat, dance, contact improvisation, driver's license
Commedia dell'Arte, clown, bouffon, improv
Dialects: Standard British, Cockney, Irish, Australian, New Zealand,
American Southern, Canadian Maritime, Israeli, Yiddish, German, Russian